

# TABLEAU COMPARATIF DES RECORDS FÉMININS

Mis à jour le : 13/07/2016

Épreuve	Catégorie	... du Club	... du stade	... du Québec	... du Canada
80m	Benjamine	11,05	10,79	9,81	
100 m	Cadette	12,57	11,89	11,89	
	Juvenile	12,14	12,05	11,69	11,53
	Junior	12,00	11,74	11,55	11,21
	Senior	11,72	12,09	11,13	10,98
150 m	Benjamine	20,78	20,00	18,51	
200 m	Cadette	25,82	24,32	24,36	
	Juvenile	24,62	23,90	23,88	23,43
	Junior	24,25	24,65	23,6	22,86
	Senior	24,03	23,89	22,78	22,62
300 m	Cadette	46,73	38,68	40,21	
400 m	Juvenile	55,44	55,22	55,44	52,12
	Junior	54,10	53,20	53,07	51,85
	Senior	52,60	55,85	51,93	49,91
800 m	Benjamine	2:30,21		2:17,10	
	Cadette	2:17,62	2:11,23	2:12,51	
	Juvenile	2:12,00	2:06,88	2:08,79	2:05,99
	Junior	2:04,50	2:04,89	2:03,55	2:03,17
	Senior	2:09,90	2:25,24	2:00,82	1:57,52
1000 m	Junior	3:17,70			2:41,4h
	Senior	3:09,80		2:36,9	2:34,14
1200 m	Benjamine	3:58,50		3:40,11	
	Cadette	3:46,99	3:26,16	3:35,02	
1500 m	Juvenile	4:36,90	4:33,47	4:21,26	4:20,59
	Junior	4:44,50	4:18,53	4:21,26	4:06,71
	Senior	4:29,55	6:26,01	4:09,72	4:00,27
Mile	Junior				4:35,13
	Senior			4:41,26	4:23,28
2000 m	Cadette	6:54,11	6:06,59	6:21,11	
3000 m	Juvenile	10:12,80	9:30,93	9:25,33	9:22,75
	Junior	10:54,80	9:20,42	9:25,33	9:12,39
	Senior	10:04,10		8:44,53	8:32,17
5000 m	Junior	18:51,80	17:04,68	16:34,43	15:52,08
	Senior		17:47,78	14:59,68	14:54,98
10 000 m	Junior				33:46,34
	Senior			31:56,74	31:41,59
80 mH	Benjamine	15,25	14,68	12,82	
	Cadette	12,7	11,62	11,26	

100 mH	Juvenile	14,97	13,80	13,89	13,38
	Junior	13,98	13,79	13,63	13,32
	Senior	13,16	19,93	12,78	12,45
200 mH	Benjamine			29,73	
	Cadette	30,84	27,55	27,43	
300 mH	Juvenile	45,17	43,87	43,74	41,75
400 mH	Juvenile	1:00,44	1:01,82	1:00,44	56,79
	Junior	58,71	58,8	57,47	56,55
	Senior	56,89	1:03,89	54,39	54,39
1500 m sc	Cadette		5:03,57	5:03,57	
2000 m sc	Juvenile	8:12,30	6:48,80	6:46,35	6:39,36
	Junior	9:00,71	6:38,81	6:41,09	6:36,05
	Senior	8:22,22	13,8		6:25,28
3000 m sc	Junior			10:37,13	9:57,74
	Senior			10:37,13	9:33,45
800 m marche	Benjamine			4:18,95	
1500 m marche	Cadette	8:24,04	7:17,00	6:57,8	
3000 m marche	Juvenile	17:29,18	17:00,27	14:37,3	15:41,22
	Junior				13:32,40
5000 m marche	Juvenile	33:17,75		24:32,25	28:02,92
	Junior			23:43,1	23:34,34
	Senior			21:52,95	21:52,95
10 000 m marche	Junior			50:59,47	49:15,24
	Senior				44:16,98
10 km marche	Junior			48:46	
	Senior			45:02	44:26,0h
20 km marche	Senior			1:40,13	1:29,54
Saut en hauteur	Benjamine	1,55		1,63	
	Cadette	1,55	1,73	1,78	
	Juvenile	1,63	1,76	1,82	1,82
	Junior	1,77	1,74	1,82	1,92
	Senior	1,7	1,68	1,82	1,98
Saut à la perche	Benjamine			2,90	
	Cadette	2,35	2,80	3,65	
	Juvenile	2,90	3,75	3,91	3,91
	Junior	3,10	3,90	4,20	4,40
	Senior	3,65	3,80	4,50	4,55
Saut en longueur	Benjamine	4,79	4,51	5,41	
	Cadette	4,52	5,88	5,88	
	Juvenile	4,95	5,98	6,02	6,21

Longueur	Junior	5,65	5,93	6,26	6,50
	Senior	6,16	5,74	6,46	6,99
Triple saut	Cadette		11,41	11,44	
	Juvenile	10,00	12,09	11,98	12,95
	Junior	12,04	12,33	12,04	13,43
	Senior	8,82		12,85	13,99
Lancer du poids	Benjamine	12,64	10,30	13,53	
	Cadette	12,61	16,45	13,7	
	Juvenile	12,36	14,85	16,56	14,46
	Junior	13,58	13,85	16,96	16,39
	Senior	15,26	15,62	18,31	18,31
Lancer du disque	Benjamine	34,04	17,65	40,96	
	Cadette	31,14	46,01	44,8	
	Juvenile	40,44	44,82	49,88	48,98
	Junior	46,64	47,10	54,12	52,52
	Senior	50,96	48,81	64,78	62,72
Lancer du marteau	Benjamine	29,61	30,72	43,71	
	Cadette	38,98	50,48	52,26	
	Juvenile (3 kg)	40,78	60,96	57,94	65,16
	Juvenile (4 kg)				58,43
	Junior	52,22	54,84	57,7	58,90
	Senior	65,63	62,48	64,46	75,73
Lancer du javelot	Benjamine	37,88		37,88	
	Cadette	39,84	43,34	40,06	
	Juvenile	41,60	45,02	45,02	50,53
	Junior	48,70	46,65	48,05	52,36
	Senior	58,86	44,90	53,53	64,83
Pentathlon	Cadette	1861	32,90	3404	
Heptathlon	Juvenile	4275	4898	5279	5406
	Junior	4762		5108	5774
	Senior	4885		6270	6808
Relais 4X100 m	Benjamine			53,94	
	Cadette		47,40	47,4	
	Juvenile	51,76	47,27	46,58	46,27
	Junior	47,58	47,91	46,36	44,77
	Senior	44,94		45,74	42,6
Relais 4X200 m	Junior				1:38,53
	Senior				1:33,4
Relais 4X400 m	Juvenile		3:51,32	3:51,32	3:45,32
	Junior		3:46,90	3:46,81	3:33,17
	Senior			3:42,7	3:21,21

Relais 4X800m	Junior				9:06,83
	Senior			9:06,8	8:14,85
Relais 4X1500m	Senior			20:50,40	18:10,75
Relais Medley	Cadette		4:06,88	4:06,88	
	Juvenile				2:05,72

## TABLEAU COMPARATIF DES RECORDS MASCULINS

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<b>Épreuve</b>	<b>Catégorie</b>	<b>... du Club</b>	<b>... du stade</b>	<b>... du Québec</b>	<b>... du Canada</b>
80m	Benjamine	10,50	10,46	9,52	
100 m	Cadette	10,93	10,96	11,00	
	Juvenile	10,70	10,73	10,45	10,46
	Junior	10,57	10,43	10,38	10,25
	Senior	10,60	10,88	9,84	9,84
150 m	Benjamine	19,86	19,16	18,00	
200 m	Cadette	23,70	22,32	22,48	
	Juvenile	22,17	21,85	21,48	20,93
	Junior	21,40	20,90	20,81	20,62
	Senior	21,54	21,95	20,17	19,88
300 m	Cadette	38,37	35,41	35,80	
400 m	Juvenile	49,62	48,50	48,46	46,79
	Junior	49,14	46,78	47,17	45,83
	Senior	47,65	48,37	45,79	44,44
800 m	Benjamine	2:16,75		2:04,75	
	Cadette	2:03,00	1:59,30	1:57,89	
	Juvenile	1:54,97	1:51,74	1:53,13	1:48,07
	Junior	1:52,93	1:50,58	1:49,45	1:46,07
	Senior	1:48,66	1:52,22	1:45,05	1:43,68
1000 m	Cadette	2:41,07	2:48,44		
	Juvenile	2:37,40			2:28,40
	Junior	2:32,00			
	Senior	2:31,10		2:19,85	2:16,52
1200 m	Benjamine	3:47,03		3:30,26	
	Cadette	3:20,32	3:14,82	3:15,00	
1500 m	Cadette	4:14,89	4:59,73		
	Juvenile	3:57,40	3:53,08	3:54,26	3:45,87
	Junior	3:49,45	3:49,82	3:45,00	3:38,92
	Senior	3:45,27	4:05,50	3:34,23	3:31,71
Mile	Junior				3:57,48
	Senior			3:54,52	3:50,26
2000 m	Cadette	5:57,76	5:44,49	5:49,89	
	Junior	6:10,60			5:16,06
3000 m	Juvenile	8:53,88	8:31,42	8:27,20	8:16,37
	Junior	8:18,50			7:58,04
	Senior	8:04,72		7:52,24	7:41,61
5000 m	Juvenile	15:12,60	14:46,78		
	Junior	14:59,00	14:28,86	13:40,21	13:34,86

	Senior	13:55,94	17:04,17	13:22,39	13:10,00
10 000 m	Junior			29:33,70	28:57,44
	Senior	30:26,83		28:42,40	27:07,51
80 mH	Benjamine	11,90	12,08	12,81	
100 mH	Cadette	13,48	13,48	13,48	
110 mH	Juvenile	14,27	13,69	14,00	13,43
	Junior	13,85	14,16	13,85	13,43
	Senior	14,50	15,31	13,81	13,08
200 mH	Benjamine	30,68		27,99	
	Cadette	27,71	25,18	25,53	
300 mH	Juvenile	39,15		37,53	37,78
400 mH	Juvenile	54,64	55,27	52,86	52,52
	Junior	53,96	52,27	51,02	50,92
	Senior	50,32	52,07	49,51	48,24
1500 m sc	Cadette	4:33,90	4:32,56	4:24,42	
2000 m sc	Juvenile	6:13,66	5:47,98	5:49,01	5:44,23
	Junior	5:48,03			5:36,08
3000 m sc	Juvenile		14:04,64		9:02,27
	Junior	9:04,49	8:57,10	8:37,83	8:37,83
	Senior	8:35,25		8:19,33	8:11,64
800 m marche	Benjamine			4:35,24	
1500 m marche	Cadette		7:50,69	6:29,94	
3000 m marche	Juvenile			12:34,04	12:34,04
10 000 m marche	Juvenile	51:32,70		45:41,18	
	Junior			42:37,40	
	Senior			39:47,31	
Saut en hauteur	Benjamine	1,57	1,25	1,80	
	Cadette	1,95	1,96	2,05	
	Juvenile	1,98	1,99	2,21	2,17
	Junior	2,00	2,13	2,26	2,27
	Senior	2,01		2,34	2,40
Saut à la perche	Benjamine			3,00	
	Cadette	3,00		4,40	
	Juvenile	3,20	2,08	5,00	5,00
	Junior	4,20	5,20	5,10	5,71
	Senior	5,12		5,40	5,93
Saut en longueur	Benjamine	5,11	5,42	5,62	
	Cadette	6,38	6,41	6,92	
	Juvenile	7,03	4,30	7,27	7,32
	Junior	7,21	7,50	7,78	7,88

	Senior	7,30	6,40	8,20	8,20
Triple saut	Cadette	12,95	13,18	13,62	
	Juvenile	13,97	15,02	15,08	15,19
	Junior	14,11	15,45	16,44	16,44
	Senior	14,57		17,29	17,29
Lancer du poids	Benjamine	12,55	9,63	15,03	
	Cadette	15,79	15,39	17,17	
	Juvenile	15,83	16,53	16,48	20,89
	Junior	15,99	18,31	16,79	19,10
	Senior	16,47	14,72	20,61	22,21
Lancer du disque	Benjamine (750 g)	34,92	28,46	36,90	
	Cadette (1 kg)	47,79	47,79	54,88	
	Juvenile (1,5 kg)	45,10	56,99	52,31	60,74
	Junior (1,75 kg)	44,04	52,66	50,44	60,72
	Senior (2 kg)	42,47	54,62	57,64	67,88
Lancer du marteau	Benjamine (3 kg)	34,06		34,99	
	Cadette (4 kg)	45,68	55,43	49,46	
	Juvenile (5 kg)	62,78	58,68	62,78	67,45
	Junior (6 kg)	60,36	64,88	61,14	74,11
	Senior (7,26 kg)	73,08	72,13	64,75	79,13
Lancer du javelot	Benjamine	42,56	36,39	45,20	
	Cadette	49,45	53,40	54,42	
	Juvenile (700 g)	57,97	58,77	62,53	75,99
	Junior	64,76	66,21	64,92	75,46
	Senior	73,39	60,25	76,66	84,81
Pentathlon	Cadette	2721	3244	3130	
Octathlon	Juvenile	3595			6006
Décathlon	Juvenile	6300	5725	5725	
	Junior	6301		6647	7179
	Senior	6945		7434	8695
Relais 4X100 m	Benjamine	55,68		51,39	
	Cadette	46,83	45,48	44,12	
	Juvenile	43,62	41,97	41,93	41,44
	Junior	43,75	41,96	41,39	39,64

	Senior	42,93		41,49	37,69
Relais 4X200 m	Junior				
	Senior				1:21,84
Relais 4X400 m	Juvenile	3:27,80	3:19,84	3:20,40	3:17,31
	Junior	3:29,24	3:14,08	3:15,64	3:07,61
	Senior	3:21,70		3:08,20	3:02,64
Relais 4X800m	Junior				
	Senior				7:22,83
Relais 4X1500m	Senior			15:44,30	15:25,38
Relais Medley	Cadette	4:04,21	3:43,89	3:38,52	
	Juvenile				1:53,51